



Dear Potential Member,

Thank you for your interest in the MOMS Club® of Lebanon. This is a great group of women! Attached you will find a MOMS Club® of Lebanon Activities sheet, General Rules & Guidelines, and Membership Information and Liability Release form.

About us...

MOMS Club® meets during the day when at-home mothers need the most support. We meet year-round, not just while school is in session. Each month we plan different activities such as: at-home (or playground) playgroups, Kids Days Out, Book Club, MOMS Night Out, Mom and Tot Lunches, a monthly themed potluck, community service projects, and special events. Our annual membership fee is \$30- most of this fee will be used to fund our service projects in accordance with the International MOMS Club® requirements.

We're a MOMS Club, not just a kids club!

One of our founding principles is that having children around is a natural part of being an at-home mother, and no mother should have to hire a babysitter just to attend our activities.

Our activity groups allow moms to share special interests. They can exercise, craft, share books, go to museums – they can do just about anything and share it with other mothers. Occasionally we'll even have interesting speakers and programs at our business meetings. Our activity groups and events can change with the desires of the group. What kinds of activities do you want?

Our monthly business meeting is an event that non-members can attend before deciding to join. Meetings are at **10am on the 2nd Tuesday** of each month. We would love to have you attend! If you do plan to come, let me know and I will send you the location.

(Please note: attending a business meeting is **not** a requirement to join.)

MOMS Club® of Lebanon Activities

The MOMS Club® of Lebanon has many ways for you and your children to get involved. Here are some examples of past activities.

MOMS Night Out- One night per month moms get together for some after hours fun.

Trivia nights

Dinner at restaurants

Book Club

Bonfires

Craft activities

Kids Day Out

Tours at local businesses

Trampoline park

Story time at the library

Mom & Tot Lunch

Going out to eat with friends and their kids

Playdates and Potlucks

Both kids and moms benefit from getting together in small groups to play and eat while we enjoy some adult conversation

Lunch & Learn Speakers

On occasion we will host a speaker.

Book Club

Members host a book club every 3 months and choose a book. We all bring food and discuss. Come even if you haven't read the book. It's not mandatory.

Special Events

Monthly Mommy Mixer: Each month, our chapter hosts an open play date. We usually have the event at a park or indoor play area. We encourage members to invite other moms to let moms in the community see what MOMS Club® is all about.

Sunshine Committee

Members of this committee send cards to other members if they've had a bad day, prepare meals for families who have experienced a tragedy or had a baby - generally anything to spread sunshine!

Children are welcome at all MOMS Club® activities

General Rules and Guidelines for MOMS Club®

1. Do not attend any MOMS Club® functions if you or your children are sick. This is very important because we have infants, small children, and expectant mothers attending most of our functions. We define sick as having any of the following symptoms in the past 24 hours: fever, vomiting, diarrhea, or other contagious illnesses. Also considered sick is nasal discharge of any other color than the allergy-related clear. If your child has been exposed to communicable disease, such as chicken pox, the child is considered sick until they are through the incubation period of that disease.
2. Smoking is not allowed at indoor MOMS Club® activities.
3. If you choose to consume alcohol at a MOMS Club® activity, such as MOMS Night Out, we respectfully request that you designate a driver.
4. If you have a friend interested in MOMS Club®, please get them in touch with the Membership Vice President for application information or invite them to a general meeting. International asks that we not invite non-members to playgroups or other MOMS Club® activities because we must have a liability release on file for all activity participants.
5. Our roster is for MOMS Club® purposes only. Do not give out the names and numbers of any club members without their permission.
6. The newsletter is for MOMS Club® members only and should not be given to prospective members.
7. Please do not use this group and the information given for your direct sales business. This group is private, and any information given to you is not to be used without permission.

THESE GUIDELINES ARE FOR THE PROTECTION AND SAFETY OF MOMS CLUB®, MOMS CLUB® MEMBERS, AND THEIR CHILDREN. PLEASE CONTACT ANY OFFICER WITH QUESTIONS OR CONCERNS YOU MIGHT HAVE.

Cash/ Check# & Date Received: _____



MOMS Club[®] of Lebanon Membership Information and Liability Release

ALL MEMBERS MUST HAVE A SIGNED MEMBERSHIP INFORMATION AND LIABILITY RELEASE ON FILE WITH THE LOCAL MOMS CLUB[®] BEFORE ATTENDING ANY ACTIVITIES OR PROGRAMS.

NAME: _____ BIRTHDAY: _____

ADDRESS: _____

TELEPHONE: _____ CELL: _____

EMAIL: _____ FACEBOOK NAME: _____

HUSBAND'S NAME: _____

CHILDREN'S NAMES AND BIRTHDATES: _____

HAVE YOU EVER BEEN A MEMBER OF THIS OR ANY OTHER LOCAL MOMS CLUB? IF SO, WHICH CHAPTER & WHEN? _____

DO YOU HAVE ANY LOCAL MEMBERSHIPS (YMCA, ZOO, MUSEUMS, ETC)? IF SO, WHICH ONES? _____

DO YOU WORK FOR PAY OR DO VOLUNTEER WORK? IF SO, WHAT DO YOU DO? _____

WHAT ARE YOUR HOBBIES OR SPECIAL INTERESTS? _____

HOW DID YOU HEAR ABOUT US? _____

I RECEIVED AND READ THE BYLAWS OF MOMS CLUB

This information may be included in the group roster or newsletter. It will also help us plan future activities. If you have an idea for the group, please discuss it with a member of the executive board!

I, the undersigned, understand that my participation and the participation of any members of my family in any MOMS Club[®] activity or program is completely voluntary, and we hereby give permission for myself and my family to join in these activities or programs. My family shall hold harmless this local MOMS Club[®], the MOMS Club[®] corporation, any MOMS Club[®] volunteer or representatives, paid or unpaid, and/or the providers of any activity or program location and/or materials from any liability and/or responsibility for any accident, illness or injury that occurs during or as a result of any function or program. I accept that final responsibility for my safety and that of my family rests with me.

DATE

MEMBER'S SIGNATURE

Please make your dues payment of \$30 via Venmo, PayPal, Cash, or Check.



MOMS Club[®] of Lebanon, OH

Photo Release Form

I hereby give my consent for the MOMS Club[®] of Lebanon, OH to use my photograph and likeness to be used in its publications, including its website and Facebook page. I release them from any expectation of confidentiality for the undersigned minor children and myself and attest that I am the parent or legal guardian of the children listed below. I do not consent for my name or my children's names to be used.

Signature: _____ Date: _____

Names and ages of minor children:

Names: _____ Age: _____

Names: _____ Age: _____

Names: _____ Age: _____

Names: _____ Age: _____

Names: _____ Age: _____

Names: _____ Age: _____

Check here if you do not wish your child's photograph to be shared.